

At a Glance for Parents in North East (Please call to check if activities have spaces beforehand, groups may be term time only. Some groups may charge a small fee)

| Day | Activity | Time | Venue | Age | Contact |
|------------------|--|--------------------------------|--|-------------------|--|
| MON | Parent and Toddlers | 9.30-11.30am | Northfield & Willowbrae Community Centre | Under 5s | 0131 661 5723 |
| | Coileagan Leith (Gaelic parent and Toddlers) | 9.30-11.30am 12.30-2.30pm | Leith Community Centre | Under 5s | croilegan.duneideann@gmail.com |
| | Baby and Toddler Group | 9.45-11.15am | Niddrie Community Church | Under 5s | 0131 669 9400 |
| Alt month | Parent and Carer Peer Support group | 10.30-1.30pm | Lothian Centre for Inclusive Living, Norton Park | Children ASL | 0131 475 2350 |
| | Porty Tiny Tots | 1.30-2.15pm | Portobello Library | Birth-crawling | Health Visitors 0131 657 8924 |
| | Young Mum's Club | 12.30-2pm | Citadel Youth Centre | Parents 16-21yrs | 0131 554 0510 |
| | Café Bambino Breastfeeding Group | 2.30-3.30pm | Skylark Care, Portobello High Street | | Health Visitors 0131 657 8924 |
| | Juno Post natal depression support group | 7.30-9pm | Lifecare Centre, Stockbridge, EH41JB | Adult and babies | Juno.enquiries@gmail.com |
| TUE | Croileagan (Gaelic Parent and Toddlers) | 9.15-11.15am | Taobh Na Pairce, Bonnington Road | Under 5s | croilegan.duneideann@gmail.com |
| | Parent and Toddlers (Run by Ripple Project) | 9.30-11.30am | McLaren Hall, 48 Restalrig Road South | Under 5s | 0131 554 0422 |
| | Play Plus Toy Library | 9.30am-1pm | Inch House Community Centre | | 0131 554 2620 |
| | Piepmatze German Speaking Playgroup | 10am-12pm | German Community Church, 1 Chalmers Cres. | Under 5s | PiepmatzeEdinburgh-Facebook |
| | Terrace Tots | 10.30am-1pm | 6VT, 11-15 Vennel, EH1 2HU | Parents under 24 | 0131 229 1797 |
| | Baby and Toddler Rhymetime | 11am-12pm | Craigmillar Library | Babies & Toddlers | Books for babies 0131 621 2621 |
| | Greengables Toddler Group | 1-3pm | Greengables Family Centre | Under 5s | 0131 669 9083 |
| | Katakeet Arabic Mother& Baby Group- referral | 12-1.30pm | Fort Community Wing, 25 North Fort Street | Mums & 0-mobile | 0131 467 7052 |
| | Storytime | 4pm | Portobello Library | 3-6 years | 0131 529 5558 |
| | Family and Household Support Drop In | 2-4pm | North East Office | | 0131 529 7168 |
| | Big Hearts Kinship Care After School | 4.30-6.30pm | Gorgie Suite, Tynecastle Stadium | Whole family | kinship@bighearts.org.uk |
| WED | The Venchie Parent and Toddler Group | 9.15-11.15am | The Venchie, 61 Niddrie Mains Terrace | Under 5s | 0131 629 9546 |
| | Drop in Hub day | 9.30-11.30am | Greengables Family Centre | Under 5s | 0131 669 9083 |
| | Parent and Toddlers | 9.30-11.30am | Northfield & Willowbrae Community Centre | Under 5s | 0131 661 5723 |
| | Richmond Tots | 9.30-11am | Richmond Craigmillar Church | Under 3s | 0131 661 6561 |
| | Bookbug | 10.15-10.45am 11.15-11.45am | Portobello Library School holidays 10.30am only | Under 5s | 0131 529 5558 |
| | Young Mum's Club | 1-2.30pm | Citadel Youth Centre | Parents 16-21yrs | 0131 554 0510 |
| | Bookbug | 2-2.30pm | Piershill Library | Under 3s | 0131 529 5685 |
| Last Wed | Polish Rhymetime | 10-11am | Craigmillar Library | | Books for babies 0131 621 2621 |
| THU | Magdalene Parent and Toddler Group | 9-11am | Magdalene Community Centre | Under 5s | 07854 135 640 |
| | The Venchie Parent and Toddler Group | 9.15-11.15am | The Venchie, 61 Niddrie Mains Terrace | Under 5s | 0131 629 9546 |
| | Baby Peep | 10-11am | Greendykes Early Years Centre | 0-1s | 0131 661 310 |
| Alt month | Parent and Carer Peer Support group | 10.30-1.30pm | Lothian Centre for Inclusive Living, Norton Park | Children ASL | 0131 475 2350 |
| Term time | Kinship Care Support Group | 10am-12pm | Leith Community Centre | | 0131 334 8512 |
| | Parent and Toddlers | 10-11.30am 2-3.30pm | St Paul's and St George's Church | Under 5s | rachel@psandgs.org.uk |
| | Breast feeding support | 11am-12pm | Waterstones, Fort Kinnaird Shopping Centre | | Health Visitors 0131 549 7370 |
| | Family and Household Support Drop In | 2-4pm | North East Office | | 0131 529 7168 |

| Day | Activity | Time | Venue | Age | Contact |
|---------------------------|--|--------------|--|-------------------------------------|--|
| THU | Young Mum's Group (Community Renewal) | 1-3pm | Craigmillar Library (Venue may change) | 16-25yr old mums | Eve 07739626205 |
| | Family and Household Support Drop In | 2-4pm | North East Office | | 0131 529 7168 |
| | Muslim Women Association Mother and Toddlers | 10am-12pm | Edinburgh Central Mosque, EH8 9BT | Mothers and toddlers Any Faith | 074805 69182 |
| | Chinese Flower Group (Referral Only) | 12.30-2pm | Leith Community Centre | 0-3years | MCFB 0131 467 7052 |
| Fortnightly | Bookbug: Seinn Gaelic songs and rhymes | 10.30am | Blackhall Library | Under 5s | 0131 529 5595 |
| FRI | Sandy's Baby and Toddler Group | 9am-11am | Sandy's Community Centre, Craigmillar | Under 5s | 0131 661 4064 |
| | Croileagan (Gaelic Parent and Toddlers) | 9.15-11.15am | Taobh Na Pairce, Bonnington Road | Under 5s | croilegan.duneideann@gmail.com |
| | 'Wee Hope' Baby and Toddler Group | 9.30-11am | Hope café, 135 Mountcastle Drive South | Under 5s | 07598724739 |
| | The Venchie Parent and Toddler Group | 9.15-11.15am | The Venchie, 61 Niddrie Mains Terrace | Under 5s | 0131 629 9546 |
| | Bristo Tots | 10-11.30am | Bristo Memorial Parish Church | Under 5s | 0131 661 9681/ 07850411596 |
| Alternate | Spanish Rhymetime | 10.30-11am | Craigmillar Library | Under 5s | 0131 529 5597 |
| | MCFB Strawberry Group (Referral Only) | 10am-11.30am | Leith Community Centre | Under 5s | 0131 467 7052 |
| | Parent and Toddler Christian Songs | 10-11.30am | Abbeyhill Baptist Church | Under 5s | 0131 557 4110 |
| | Storytime | 10.30am | Piershill Library | Under 5s | 0131 529 5685 |
| | Feniks Polish Toddler Group | 11.30am-1pm | McDonald Road Library | Adult and under 2s | 07510 122425 |
| Alternate | Spanish Bookbug (fortnightly) | 11.30am | McDonald Road Library | Under 5s | 0131 529 5636 |
| Alternate | Craft Session / Lego Building and Creativity | 2pm | Portobello Library | 6-12yrs | 0131 529 5558 |
| Last Fri | Craft Sessions | 3-4pm | Piershill Library | 5-12yrs | 0131 529 5685 |
| SAT | Dads Rock (all year round) | 10-11.30am | Granton Parish Church | Male carers & U 5s | 07807 498709 |
| | Inspiring Disabilities ASN Drop In activity session for families | 10am-12pm | Jack Kane Centre | Parents/carers and children 0-18yrs | 0131 6571595 |
| Alternate | Polish Bookbug (fortnightly) | 10.30-11am | McDonald Road Library | Under 5s | 0131 529 5636 |
| | ASN Drop In activity session for families | 2-4pm | Northfield and Willowbrae Community Centre | Parents/carers and children 0-18yrs | 0131 661 5723 |
| | Bookbug | 11.30am-12pm | Portobello Library | Under 5s | 0131 529 5558 |
| 2nd SAT | Polish Rhymetime | 11-11.30am | Piershill Library | Under 5s | 0131 529 5685 |
| Last SAT | Books for Babies Storytime | 11am-12pm | Craigmillar Library | 0-4years & siblings | Books for babies 0131 621 2621 |
| Monthly | Purzelbaum Edinburgh German Speaking Playgroup | 2-5pm | German Community Church, 1 Chalmers Cres. | Under 5s | purzelbaum.edinburgh@gmail.com |
| SUN | Dads Rock (all year round) | 11-12.30pm | 6VT Edinburgh City Youth Café, 11-15 Vennel, | Male carers & U 5s | 07807 498709 |

Last Updated January 2020

If you wish more information about what's on for parents in the North East of Edinburgh please download the full Spring 2020 booklet -

Programmes Activities and Groups for Parents and Carers in North East Edinburgh at www.edinburgh.gov.uk/pacs

To add or amend any information in this leaflet please contact-

Jillian Hart, North East Development Officer- Parent and Carer Support, City of Edinburgh Council, **Tel: 07860 736 129**

jillian.hart@edinburgh.gov.uk

For more information on Support for Parents and Carers contact supportingparentsandcarers@edinburgh.gov.uk